

FROM THE BETHELL HOSPICE FOUNDATION • SPRING 2021 ISSUE



# Incredible Support of Light & Love Holiday Appeal and Tree Lighting

Thanks to your incredible generosity, our 2020 Celebration of Light & Love raised a record-setting \$240,000 in support of Bethell Hospice Foundation.

We are, quite simply, overwhelmed. Thank you to our Tree Lighting sponsor, Fines Lincoln, and to each of you for holding Bethell Hospice in your hearts, and demonstrating your belief in the importance of Bethell Hospice in our community.







Over 375 individuals were remembered with Light & Love gifts during our Virtual Tree Lighting on December 10, with our Nurses, PSWs and Social Work Team lighting candles and honouring all those remembered.

In a year of COVID-19, which made fundraising a real challenge, you showed how much you believe in the work of Bethell Hospice, and we could not be more grateful.



Our 2020 Tree Lighting event was generously supported by Fines Lincoln

Thank you again for your incredible support!

### BETHELL HOSPICE COMMUNITY PROGRAMS

# Reaching Out With Comfort & Compassion

When people think of Bethell Hospice, they most often think of the compassionate care that our Nurses and PSWs offer those who spend their final days living in our hospice. But did you know that Bethell Hospice also supports individuals through our Community Program — often right from the onset of a life-limiting diagnosis?

Care and support is available at every stage of life's final journey, not only for the client personally, but also for their families and caregivers.

Over the past year, service offerings through the Bethell Hospice Community Program have increased dramatically, with thousands of supportive sessions delivered to clients. Although COVID-19 has meant that these services are currently offered virtually, our social work and spiritual care team has made a tremendous difference in countless lives.

66 It is truly an honour and privilege to walk alongside individuals during the most difficult time of their lives.

In the most profound moments, I often feel not a 'social worker' or an 'expert'.

I am simply a human being, talking with another human being, connected in the experience of life. I don't take it lightly when someone chooses to invite me into their story.

Natalie Talma, MSW RSW



Since the onset of COVID-19, Bethell Hospice Community Programs have become even more vital touchstones for those in need. Recognizing the importance of connecting and demonstrating the depth of their support, the team created **Comfort Care Kits** to deliver to community clients. Observing all social distancing protocols, team members dropped off these thoughtful bags to their clients, going the extra mile to keep their support flowing.



66 I am honoured to 'walk' alongside people in their grief – to help them know they are not alone, to listen to the difficult questions, to help them find meaning and glimmers of hope on the long road towards healing.



Throughout the pandemic, the most frequently accessed service has been **Virtual Supportive Counselling**, where clients are encouraged to explore thoughts and feelings about their illness, caregiver or bereavement experience one-on-one with a professional Social Worker or Spiritual Care Coordinator.

Our **Adult Grief Support Group** is also in high demand, for those wishing to share their grief stories and find comfort in the shared experiences of others.

Our **Virtual Volunteer Visiting** program, in which trained volunteers provide companionship and support via weekly phone or video calls, has also been heavily utilized, to help deal with the heightened challenges of coping with illness, caregiving and grief during a time of social isolation.



Recent additions to the roster of virtual program offerings also include a Family & Friends Support Group, a 'Drawing on Our Grief' Adult Support Group, a Music Therapy Group, a Wellness Sampler Series, and a Distant Therapeutic Touch program.

As with all Bethell Hospice services, these programs are all available at **no cost** to clients, thanks to the generosity of our donors. Your support has made a difference in the lives of so many.

Thank you for your belief in the importance of Bethell Hospice in our community.



FAMILY & FRIENDS SUPPORT GROUP









To access any of these supports, please visit the Bethell Hospice website at:

bethellhospice.org/ register-for-community-programs/

# **Upcoming Opportunities to Help Bethell Hospice**

# Virtual Hike for Bethell Hospice Sunday, May 2

Online registration is now open for the 2021 Virtual Hike for Bethell Hospice. This year's official hike date is Sunday, May 2 to coincide with the beginning of National Hospice & Palliative Care Week, but participants can complete their own virtual hikes anytime, anywhere until May 31, 2021.

PRESENTING SPONSOR







In the last two years, the Hike has raised a combined total of over \$265,000 for Bethell Hospice Foundation and is one of our largest fundraising events annually. Your support this year is essential to ensure the care of Bethell Hospice can continue. As we enter our second year of COVID, fundraising continues to be a challenge, so please register early to show your support for our beloved hospice.



Registration is \$25, and we encourage all participants to raise at least \$50 in pledges or donations. Children under 12 register for free. All hikers receive a full tax receipt, and a commemorative hike t-shirt.

We also invite you to share your hike, and your memories, by submitting short video clips or pictures that will be added to our much-loved online memory board.

Register or Pledge Support Online - bhf.akaraisin.com/hikebh2021

For more information on sponsorship opportunities, contact Kelly Stronach at **905-838-3534, extension 2249** or **kstronach@bethellhospice.org** 

# 50/50 Online Raffle Series

## **Throughout 2021**

Building on the success of our fall 50/50 online raffle, Bethell Hospice Foundation is planning a series of raffles over the course of 2021. On the draw date each month, 50% of the jackpot goes to the winner, and the other 50% goes directly to benefit Bethell Hospice programs and services. Each raffle also offers a great Early Bird prize, as well as a Grand Prize cash jackpot. Tickets are:

3 for \$5, 10 for \$10 or best value 50 for \$20

Check out the real-time display of the growing jackpot, and purchase your tickets online at **bhf5050.com** 



The raffle series is sponsored by



# Glen Eagle Golf Day

## **Coming in August**

Again in 2021, our friends at Glen Eagle Golf Club plan to host a golf day in August in support of Bethell Hospice Foundation. COVID protocols in August will determine the event format.

Last year's *Friends of Bethell Hospice Golf Days* were a huge success, with 112 golfers participating at assigned tee times. Through generous donations, a portion of green fees, and a gift match from Scotiabank, the two-day event raised over \$7,500.



Watch our website at **foundation.bethellhospice.org** for more information on this year's format.



# **Golf 4 Bethell Hospice**

## **Tuesday, September 21**

Cancelled last year due to COVID-19, this new tournament raised over \$24,000 in support of Bethell Hospice in its inaugural year in 2019. Held on the championship course at Hockley Valley Resort, this year's event will be held on September 21. COVID protocols in September will determine the event format.

Watch our website at **foundation.bethellhospice.org** for more information and your chance to register your foursome.

# **Diamond in the Hills**

# Sunday, November 28

Previously postponed due to COVID-19, the Diamond in the Hills Organizing Committee have rescheduled this event to Sunday, November 28 at The Arlington Estate in Kleinburg. COVID protocols in November will determine the event format. Ticket holders will be notified once details are confirmed.

Organized by Bonnie Ledson, Debbie Glover, Judy Petursson, Marj Dennis, Danila Maric, Barb Gough & Barb Goodhand, this popular fashion show is currently sold out.



To add your name to the waiting list for an individual ticket (\$135 per person), or a table of 10 (\$1,350), please email Judy Petursson at **judypetursson@sympatico.ca**.

For the latest updated event information, please visit bhf.akaraisin.com/diamondinthehills

# **Bethell Hospice Remembers**

Join us in remembering the following Bethell Hospice residents and community clients, who passed away January 1st – December 31st, 2020.



Joan Abel Karen Alcock Maria Alves Nancy Annis Walter Arqueta Rita Arora Carmelo 'Charles' Attard Barbara Baglieri Alfred Baldeo Sebastiano Balenzano Dianne Beedham Vera Bell Mario Belvedere Evelyn Benhavon Rosalie Bentley Maria Berzy Giovanni Bet Jim Blackett Violet 'June' Blackie Barclay 'Bud' Bond James Bond Barbara Boyce Harpal Brar June Brett John Cabral\* Maria Cairnero Mark Cameron Francesco Celebre **Donald Cherry** Carmela Ciniello Lois Clav Sharon Clemence Alfred 'Angus' Collier

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**Community Client** 



# **Heartfelt 2020 Community Support**

Bethell Hospice Foundation would like to extend a very special thank you to our 2020 donors, sponsors, event organizers and volunteers. In a tremendously challenging year, your support has helped to keep the doors of Bethell Hospice open, and all programs and services available at no charge.

Thank you for your belief in the importance of Bethell Hospice in our community.

For a complete list of 2020 donors of \$100 or more, please visit the online version of our 2021 Accolades spring newsletter at: **foundation.bethellhospice.org/about-the-foundation/publications/** 



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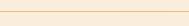
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Thank you all! You make the work of Bethell Hospice possible.

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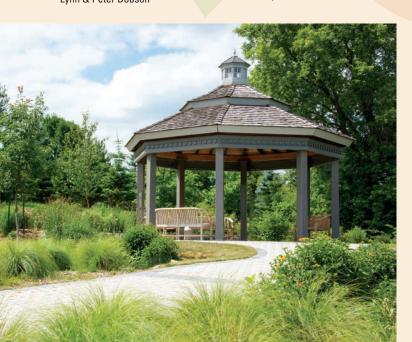
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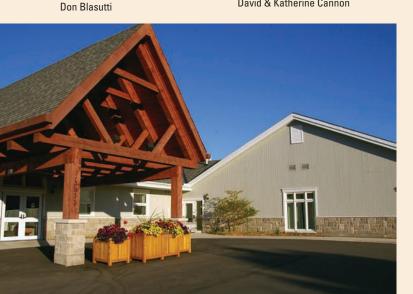
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# Rock Garden Farms Recipient of 2020 Elizabeth Birnie Leadership Award

On October 14, Rock Garden Farms was presented with the Elizabeth Birnie Leadership Award in recognition of its outstanding leadership and assistance to Bethell Hospice Foundation.

Since our Bethell Hospice residence first opened its doors in the spring of 2010, Rock Garden Farms has quietly been providing the hospice with fresh seasonal produce – every week of the growing season for the past ten years. Every Thursday, fresh produce arrives in cardboard boxes at the Bethell Hospice kitchen, allowing



the kitchen volunteers to prepare delicious home-cooked meals for hospice residents. The award was presented to Margaret & Paul Galati and Nick & Tish Iuglio by Bethell Hospice co-founder, Elizabeth Birnie, and Bethell Hospice Foundation Board Chair, John Sanderson.

### Donate Now!

Bethell Hospice programs and services are only partially covered by our Ontario health care system. Each year, over \$1,000,000 must be raised through local fundraising efforts.

■ \$250 (Friend)

□ \$100 (Donor)

Postal Code:

Other Amount

#### I would like to contribute:

- \$10,000 (Bethell Benefactor) \$500 (Companion)
- \$5,000 (Leader)
- \$2,500 (Partner)
- **32,300 (Fartiler)**
- \$1,500 (Supporter)
- \$1,000 (Mentor)

Donor Name(s):

Address:

City:

Phone:

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(for tax receipt and communication)

#### DONATION OPTIONS

- ☐ I have enclosed a cheque (payable to Bethell Hospice Foundation)
- □ Please charge my □ Visa □ Mastercard □ American Express
- Frequency: One Time Gift Monthly Bi-Monthly Annually

Card #

Expiry Date:

Amount: \$

Name on Card:

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- I would like my gift to remain anonymous.
- ☐ I have included Bethell Hospice Foundation in my will.

To donate today, please complete form and mail to:

Bethell Hospice Foundation
P.O. Box 75, Inglewood, Ontario L7C 3L6
or go to foundation.bethellhospice.org to give securely online

Charitable Registration #82636 7948 RR0001 Tax receipts are issued for all gifts of \$20 or more.

Donations should be payable to:

#### **Bethell Hospice Foundation**

P.O. Box 75, Inglewood, Ontario L7C 3L6

For more information, please call:

Tel: 905.838.3534

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