

FROM THE BETHELL HOSPICE FOUNDATION . FALL 2019 ISSUE

Celebrating

Yesterday, Today & Tomorrow

2020 marks two important milestones for Bethell Hospice – the 10th anniversary of our Bethell Hospice residence and the lead up to our 30th anniversary providing hospice palliative care through our community programs.

Bethell Hospice (formerly Hospice Caledon) served our first community clients in 1991, providing in-home support to individuals with a life-limiting illness, as well as their caregivers, families and friends. We were renamed Bethell Hospice in April 2010, when our ten bed residential hospice opened in Inglewood.



Today, we remain the only residential hospice serving all of Caledon, Brampton and Dufferin County, and continue to offer community programs and support throughout Caledon and Brampton.



Every day, countless lives are touched by the work of Bethell Hospice. Since our inception, our wonderful staff and volunteers have cared for thousands of residents, community clients, and their families. Your support and belief in the importance of Bethell Hospice in our community has made it all possible.

SAVE THE DATE: Saturday, September 19, 2020

We want you to celebrate **Yesterday, Today & Tomorrow**with us at our Gala Celebration.

The evening promises to be elegant and unforgettable, featuring spectacular entertainment, a beautiful dinner, live and silent auctions, and more than a few surprises!

Mark your calendars, and plan to join us at the Pearson Convention Centre in Brampton for a festive, inspirational night.

Tickets will go on sale early in 2020







Hike for Bethell Hospice Raises Over \$170,000

A record number of 47 teams, totalling nearly 600 participants, gathered in Inglewood on May 5 to Hike for Bethell Hospice.

Hikers filled the memory board with photos and remembrances of friends and family members, enjoyed a great barbecue lunch, and bid on treasures in our silent auction.







Partner



Many thanks to all our sponsors, hikers and volunteers for your overwhelming support and your belief in the importance of Bethell Hospice in our community.



Caring

Top 2019 Hike Fundraising Teams

Boardwalkers

Team Harry

Team Dash

Parade of Perseverance

Niki Butterfly Team

Honest to God...

Girls in the Woods

George's Angels

Making Strides Council Team

Head to Toe Friends & Family





















Serenity

Save the Date for Next Year's Hike — Sunday, May 3, 2020

Upcoming Community Events in Support of Bethell Hospice



Healing Cycle Ride

Sunday, September 15

Roche Canada 7070 Mississauga Road, Mississauga

Pull on your shorts and tackle the 10k, 25k, 50k or 100k cycling route. Also, for the non-cyclists, NEW this year are 5K walk or 10K run options. The Healing Cycle Foundation has organized this event to benefit hospice palliative care throughout Ontario. Please note that you must support the Cycle/Walk/Run for Bethell Hospice team, or designate your own team in support of Bethell Hospice, in order for your registrations and donations to be directed to Bethell Hospice Foundation.

Registration & Information – **thehealingcycle.ca** or contact Cycle for Bethell Hospice Team Captains, Anton Vermunt **anton.vermunt@gmail.com** or Bruce Stewart **brucestewart@outlook.com**

Don Olson Classic

Saturday, October 5

Albion Hills Conservation Area | 16500 Peel Regional Road 50, Caledon

Organized by Scott Skimming, Linda Olson and all our friends at 310 Running, this event is now in its seventh year, and has raised \$39,000 to date for Bethell Hospice Foundation. Enjoy a beautiful trail run (or walk) through Albion Hills Conservation Area, a finisher's award for every participant, and generous prizes in a variety of categories. Choose from a 5K route for all ages or a 2.5K route for athletes 14 & under. Entry for both races limited to 500 participants, and last year's race sold out, so register early.

Check-In Begins 8:00 a.m., First Race at 10:00 a.m.

Registration & Information — **310running.com/don-olson-classic/** Early Bird Pricing Available Online









Bethell Hospice Christmas Market

Saturday, November 16

Caledon Country Club | 2121 Olde Baseline Road, Caledon

This popular event, organized each year by our Board of Directors, is the perfect way to usher in the holiday season. Since its inception in 2014, the sale has raised over \$96,000 in support of Bethell Hospice. Join us at the Caledon Country Club for a great selection of handmade items, homemade baking & jams, jewelry and unique gift ideas, as well as a fabulous silent auction. Be sure to come early for the best selection.



Sale Runs 9:00 a.m. to 2:00 p.m.

Information or to Donate Items – Carol Walker, cwalker1938@rogers.com



Celebrate Light & Love Tree Lighting Thursday, December 12

To honour and remember your loved ones, please donate to our *Celebrate Light & Love* holiday campaign, and join us for our beautiful Tree Lighting Ceremony. All those remembered are honoured and their names read aloud. This very touching, annual event raised over \$170,000 last year, with over 450 individuals honoured. Please dress for the weather, as this is an outdoor event.

Tree Lighting 7:00 p.m.

Donations gratefully accepted, \$35 - \$500 & up, and are fully tax receiptable

Light & Love Donations and Information – Fundraising Office 905-838-3534 Online Light & Love Donations After October 1 – foundation.bethellhospice.org



Diamond in the Hills Fashion Show Raises Over \$140,000

A sold-out crowd gathered at the Greenhouse at the Royal Ambassador on Sunday, June 9 for the third annual Diamond in the Hills Fashion Show.

This year's event raised a record total of over \$140,000, which will directly benefit Bethell Hospice programs and services.



Seven energetic local women — Bonnie Ledson, Marj Dennis, Debbie Glover, Judy Peturrson, Danila Maric, Barb Gough and Barb Goodhand (with invaluable assistance from Joy Rounding) — put their talents to work to organize the entire event. "We call the event Diamond in the Hills because Bethell Hospice is a jewel in our community, and we want to do whatever we can to support the organization," shared event organizer, Bonnie Ledson. The afternoon featured a spectuacular luncheon, an amazing silent auction, a spirited live auction, the ever-popular glitter boxes, and gorgeous fashions from Georgetown's Studio 49.





MANY THANKS TO OUR WONDERFUL FRIENDS AND PARTNERS

Diamond

The Egan Family Foundation Ledson Properties Inc.

Ruby

Horseshoe Hill Construction Inc. – Gordon Tozer J & J Heppler – Automation Associates Inc. The Waechter Family The W.B. Family Foundation

Matching Gift Partner

Scotiabank – First Street Branch, Orangeville

Sapphire

Benson Steel Ltd.
Doby Enterprises Inc. –
Ann Scheuermann
The Laverdures
The Brian Ledson Family –
Ledson Land & Cattle Corp.
Anne Livingston
Morrissey Monaghan
The Stafford Family

Emerald

Joyce & Kirk Brannon
Cooksville Tire
Charles Hooker
David Lawrence
George Ledson
The Geordie Ledson Family —
Gullybridge Inc.
Dusan Maric
Jerome & Catherine Morse
Jim Thompson

Pearl

Dave Anderson
Patti Armour
D and R Electronics
Darta Enterprises Inc.
Wilf Dinnick
Edgehill Insurance — Patti Hull
Willa Gauthier
Diana Hillman — Caledon Hills
Peony Farm
Janet Nelson
Shelley Peterson
Verdi Alliance Group of Companies

Gem

Anne Berry
Ginny Davidson
Vicki Hand
J & M Masonry Inc. – Julie Curran
Sally Mappin
Mercedes Benz
Ricki Michals
Professional Farrier Supply Inc.
Marcia Reid
Jane Scognamillo

Watch your spring newsletter for details about the 2020 show – Diamonds & Denim!

and Anonymous Donors



Family Profile Michele Keeler

Frieda Hofer (Oma) was a Bethell Hospice resident for six weeks from March 19 – April 27, 2017.

Those six weeks changed her daughter Michele's life forever:

My Mum, the strong little lady from Vienna who we all affectionately called Oma, lived around the corner from us for almost 30 years. Each morning at exactly 7:00 a.m. on the dot, not a minute before or a minute after, Oma would call to tell us she was 'okay'.

At exactly 7:00 a.m. one January morning, the phone rang and I said good morning to my Mum. Except this day was different. It was not a call to say she was okay, but a call to say something was terribly wrong. That day led to a brief battle with cancer, and eventually to six weeks that changed my life. They were six of the saddest weeks I had ever experienced, but six weeks that provided me with support beyond anything I could have imagined. It was six weeks at Bethell Hospice.

The heartfelt compassion, care, empathy and support at Bethell Hospice gave me not only the gift of time with my Mum, but a newfound understanding of end-of-life, and how amazing volunteers and staff could make that journey so much easier.

We were supported by people who I had never met prior to those days in hospice, but who cared so much about Oma, about my family, about me.

Oma left us the morning of April 27th, surrounded by her small family — my husband, our two daughters and myself. The sun was shining brightly, the birds were singing, the garden doors in her room were wide open, and her Viennese music was softly playing. We held her hands, and told her it was okay. She slipped away, surrounded by love.

There was silence...until my husband, Ken, quietly said to me, 'look at the clock'. It was 7:00 a.m. on the dot. Not a moment before or a moment after. Oma was letting us know she was okay.



That day changed my life forever. Two things happened.

I knew I needed to come back to Bethell as a volunteer, to be guided by those wonderful people who had helped me.

People like the volunteers who sat with Oma when I was not there. The volunteers who made Oma crepes with Nutella, served with fancy napkins. The volunteers who gave me a shoulder to cry on. The volunteers who gave of themselves for our family, who they did not even know. I also knew I wanted to follow the path of the clinical team at Bethell – those absolutely phenomenal nurses and PSWs who helped me get ahold of my grief, and helped me understand that dying was as natural as birth. It was time to change my career, and give back to others.

I applied to the Accelerated Practical Nursing Program at Georgian College. After upgrading my sciences and spending time on a long waiting list, I received a personal call from the registrar at Georgian with an admission offer. With tears, I accepted.

My journey has been a blur since then, but this spring it was time to request a location to complete my practicum – three months to be mentored by an experienced nurse. Nothing was guaranteed, I was told. But yes, I chose Bethell Hospice as my first choice and crossed my fingers. In May, I became a student nurse at Bethell Hospice, and in July I finished my practicum. This fall, I will write my licensing exam and look forward to a career in palliative care.

Full circle in our journey. Oma would be so proud.



Please Join Us for the

Bethell Hospice Annual General Meeting

September 17, 6:30 p.m. – Alton Mill, 1402 Queen Street West, Alton Information – Kamaljeet Dhillon **905-838-3534**, **ext. 2224** RSVP – **info@bethellhospice.org**



Bereavement Support

Bethell Hospice provides bereavement support both in our residence and in the community.



To learn more about individual bereavement support or to join a group, please contact our Intake Coordinator, Dorothy Rankin, at

905-838-3534, ext. 2240 or by email intake@bethellhospice.org

Interested in Volunteering?

We have volunteer opportunities in the kitchen, gardens, maintenance, reception, grief & bereavement support, resident support, in-home visiting, community outreach & awareness, administrative support and event support.

To learn more about Bethell Hospice's Volunteer Program and how you can get involved, please contact our Volunteer Program Administrator at

905-838-3534, ext. 2250 or by email volunteer@bethellhospice.org

Donate Now!

Bethell Hospice programs and services are only partially covered by our Ontario health care system. Each year, over \$1,000,000 must be raised through local fundraising efforts.

Other Amount

Postal Code:

I would like to contribute:

h	\$10,000 (Bethell Benefactor)	\$500 (Companion)
_	\$10,000 (Detilell Dellelactor)	φυου (Companion)

- \$5,000 (Leader) \$250 (Friend)
 \$2.500 (Partner) \$100 (Donor)
- \$2,500 (Partner)
- \$1,500 (Supporter)

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Donor Name(s):

Address:

City: Phone:

Email:

(for tax receipt and communication)

		I O N S

- ☐ I have enclosed a cheque (payable to Bethell Hospice Foundation)
- ☐ Please charge my ☐ Visa ☐ Mastercard ☐ American Express
- Frequency: One Time Gift Monthly Bi-Monthly Annually

Card #

Expiry Date:

Amount: \$

Name on Card:

Signature:

- ☐ I would like my gift to remain anonymous.
- ☐ I have included Bethell Hospice Foundation in my will.

To donate today, please complete form and mail to:

Bethell Hospice Foundation
P.O. Box 75, Inglewood, Ontario L7C 3L6
or go to foundation.bethellhospice.org to give securely online

 $Charitable\ Registration\ \#82636\ 7948\ RR0001\quad Tax\ receipts\ are\ is sued\ for\ all\ gifts\ of\ \$20\ or\ more.$

Donations should be payable to:

Bethell Hospice Foundation

P.O. Box 75, Inglewood, Ontario L7C 3L6

For more information, please call:

Tel: 905.838.3534

Email: foundation@bethellhospice.org



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